

Welcome to Kaaterskill Care Nursing & Rehabilitation Center

We are a 120-bed not-for-profit health care facility affiliated with Columbia Memorial Hospital and located in a secure, community-based setting in the Jefferson Heights neighborhood of Catskill, New York. We have the finest professional medical and ancillary staff available in the region.

Our Rehabilitation Center is a 'separate and dedicated unit within Kaaterskill Care. The atmosphere is designed to be motivating and conducive to recuperation and rehabilitation.

We share your goal of quickly restoring function and returning to the community.



Kaaterskill Care Rehabilitation Program



Kaaterskill Care
Nursing & Rehabilitation Center

A division of Columbia Memorial Hospital

161 Jefferson Heights
Catskill, NY 12414
518.943.9380

*Going home?
Rehabilitation at
Kaaterskill Care
maximizes your
ability to function
independently.*

Kaaterskill Care Rehabilitation Program



Meeting special needs through rehabilitation

We pride ourselves on providing all therapies to ensure that our residents reach their fullest potential. These services have enabled many individuals to return to the community after a short stay.

- Physical therapy
- Occupational therapy
- Speech therapy
- Recreational therapy
- Massage therapy
- Advanced geriatric care
- Post-stroke care

We provide treatment for individuals with a variety of medical conditions ranging from but not limited to, post-stroke, cardiac, orthopedic surgery and post-surgical recovery. Our staff at Columbia Memorial Hospital and Kaaterskill Care work closely together to coordinate your personalized plan of care.

Our rehabilitation program offers a new integrated clinical pathway for patients requiring rehabilitation after both planned and unplanned surgery. You will have a continuity of care, beginning at the hospital and throughout your rehabilitation.

The professional rehabilitation staff provides intensive physical, occupational and speech therapy. The services include:

- Mobility training (ambulation and stairs);
- Activities of daily living (toileting, dressing, transferring, bathing, eating);
- Managing speech and swallowing disorders;
- Pain management;
- Strength training and conditioning;
- Completion of household duties



Home safety assessment

Prior to your discharge, our rehabilitation team will offer to conduct a home safety assessment. During this process, our staff makes recommendations which will improve your safety and functional mobility when you return home.

Wound Care

Our on-site Wound Care Center provides oversight to residents in need of assistance with wound management. Center protocols are integrated into your plan of care, ensuring you a comprehensive program that supports the healing process.

If you or someone close to you need rehabilitation services, please call our Admissions Coordinator for more information or to arrange a tour. Our number is: 518.943.9380.

We offer services to all regardless of race, creed, color, sponsor, disability, sex or sexual orientation. We accept a variety of payment options including, but not limited to, Medicare, Medicaid, Veterans insurance, managed care contracts and private payment.



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